



Living in Relational Wholeness

Coalesce Podcast

Episode 001 - Union of the soul with God.

Notes, terms, scripture, practice

A schema of nine stages:

1. My body and my self-image are who I am.
2. My external behavior is who I am.
3. My thoughts and feelings are who I am.
4. My deeper intuitions and felt knowledge in my body are who I am.
5. My shadow self is who I am.
6. I am empty and powerless.
7. I am much more than who I thought I was.
8. I and the Father are one. ([John 10:30](#))
9. I am who I am.

Five ways of deeper understanding

1. Contemplative practice
2. Sabbath
3. Service
4. Shadow work
5. Spiritual direction

“We shall not cease from exploration, and the end of all our exploring will be to arrive where we started and know the place for the first time” (T. S. Eliot in Little Gidding, Part V, 'Four Quartets').

Genesis 1 is a “confrontive story”

...rather than “violence and destruction,” the Genesis mythos shows “overflowing joy and creativity.”

...oneing all things in a whole and expanding universe.

“The whole of creation is standing on tip toe to see the full revelation of the children of God” ([Romans 8:19](#)).

“life more abundantly” ([John 10:10](#))



“nowhere” (creatio ex nihilo)

“epistemology”—how we know the things we know

“perennial tradition”

re-ligio—re-ligament—or reunite namely a fundamental wholeness at the heart of everything

There is no such thing as a value free, or unbiased position on anything.

“The First Bible”—Creation itself

Ever since the creation of the world, God’s everlasting power and glory, however invisible, have been there for the mind to see in the things he (sic) has made ([Romans 1:20](#)).

Practice

Take some time to chart your own journey and lineage. Think about what traditions have formed you, what individuals, authors, and experiences have shaped your view of God and reality. Find the best within them that resonates with your inner knowing of God. Forgive and let go of those pieces that are not consistent with a benevolent God, and keep following your path toward deeper union.