



Living in Relational Wholeness

Coalesce Podcast

Episode 007 – Finding the Golden Thread

Note, terms, scripture, practice



Truth is eternal. Our knowledge of it is changeable. It is disastrous when you confuse the two.

—Madeleine L'Engle

[Matthew 23:31-36](#)

The Bible does three things:

- 1) it tells us that the spiritual journey is real, and invites us into that journey;
- 2) it charts the process of going on that journey toward God,; and
- 3) it thus offers us both the inner experience and some outer confirmation to trust that God is actually with us and will guide us.

[2 Corinthians 3:6](#)

[Leviticus 19:18](#)

[Isaiah 61](#)

[Luke 4:18-19](#)

[Isaiah 29:13-24](#)

[Hosea 6:1-6](#)

[Ezekiel 16:59-63](#)

[Ezekiel 36-37](#)

[1 Corinthians 2:13](#)

[Isaiah 45](#)

The “who” that you bring to the Bible will determine “how” you understand it and how you use it.

“There is no road, the road is made by walking.” —Antonio Machado

[1 Corinthians 13:12](#)

[Luke 18:8](#)

[Galatians 3](#)

[Romans 7:7](#)

God's presence within you is the basis for your worthiness

[Deuteronomy 7:7-9](#)

God is not changing; it is our comprehension of God that is changing

[Romans 11:1](#)

You cannot succumb to any rejecting spirit, or it will surely undo you! If you hate your parents, you will soon hate yourself too

"Religion starts elitist, but ends egalitarian. *Always!*" —Ken Wilber

Practice: Reading Love between the Lines

In honor of Valentine's Day, open the eyes of your heart to see the evidence of God's love all around. Let your attention focus on a particular passage of a sacred text, a person, a sensation, or an experience during your day.

As your awareness sharpens, allow the clutter of surface meaning, labels, and reflexive reaction to recede into the background. Wait in silence, simply witnessing without critique. Gradually take all of it in. If it's a written passage, savor the words slowly and aloud, re-reading it a few times (*lectio divina*). If a person or creature, observe all the visible qualities and be sensitive to the undercurrent of energy present as well. If a feeling or emotion, notice how this shows up in your body. Welcome what is.

After several minutes, ask your inner witness where it sees Love in this moment. Let your heart's eyes open even wider to see that both you and this small piece of reality are part of the Divine Reality of Love. Rest in this knowing. . . . Say thanks.