



Living in Relational Wholeness

Coalesce Podcast

Episode 023 – The Mystery of Incarnation

Note, terms, scripture, practice



Incarnation literally means enfleshment (matter, embodiment, physicality)

[Genesis 1:2](#)

[Colossians 1:15-20](#)

[Ephesians 1:3-14](#)

[Luke 2:10](#)

[Ephesians 1:4](#)

[1 Corinthians 6:19](#)

[Genesis 2:7](#)

Adam - “of the earth” (humus=human=*adamah*)

[John 14:3](#)

[Luke 20:38](#)

Transformare - to change form

Transpersonal level (“Father”), the Personal level (“Jesus”), and the Impersonal level (“Holy Spirit”)

[Acts 2:32, 36](#)

[Philippians 2](#)

[Acts 3:21](#)

[Mark 10:18](#)

[Genesis 1:9-31](#)

Practice: Guided Meditation

In their book *Care for Creation*, Ilia Delio, Keith Warner, and Pamela Wood offer a guided meditation to bring the mystery of incarnation to a deeper, experiential level of knowing, through contemplation of Creation. I invite you to read the following introduction and then set aside some time to listen to—and pray with—the recorded meditation.

“Francis teaches us that God is incarnate in all of creation, and that entering into the cloister of creation helps us to deepen our relationship with our Creator. We have been given powerful gifts to explore this kinship: gifts we sometimes do not associate with our spiritual life or think of as potential tools with which to discover the Incarnation. God has generously bestowed us with amazing sensory abilities—thus we are fine-tuned to read the Book of Creation. Guided meditations that use our senses can teach us to read the “first book of revelation” anew. In addition, knowledge and understanding from science can aid us in understanding our place in the majesty of the created world, and this can greatly enhance our prayer life.”

Click the link below to play the audio meditation in a web browser or to download and listen later:

[Guided Meditation: Coming Home to the Incarnation in Creation](#)

Ilia Delio, Keith Douglass Warner, and Pamela Wood, *Care for Creation: A Franciscan Spirituality of the Earth* (Franciscan Media: 2008), 55-60