



Coalesce Podcast

Episode 045 - Infinity of Mystery and Beauty

Note, terms, scripture, practice



[Romans 4:17](#)

[Deuteronomy 30:19](#)

The Great Turning

- 1) actions to slow the damage to Earth and its beings;
- 2) analysis of structural causes and creation of structural alternatives; and
- 3) a fundamental shift in worldview and values.”

The macrocosm is mirrored in the microcosm.

The world is not a problem to be solved; it is a living being to which we belong. The world is part of our own self and we are a part of its suffering wholeness. Until we go to the root of our image of separateness, there can be no healing. And the deepest part of our separateness from creation lies in our forgetfulness of its sacred nature, which is also our own sacred nature. —Llewellyn Vaughan-Lee

[Romans 1:20](#)

[Hebrews 11:4](#)

[Wisdom 11:26](#)

[Wisdom 13:1-9](#)

[Job 12:7-10](#)

[Romans 14:7](#)

Quantum entanglement

Science and religion are long lost dance partners

Practice: Honoring Our Pain for the World

In our culture we are often too busy to truly lament and allow ourselves to experience grief for the suffering in our world. In our rush to fix problems, we neglect to give space and time for our wounds to teach us. Tears and rituals can help us process our subconscious, unnameable feelings. Joanna Macy offers two practices that I invite you try with others—maybe your family, a small group, or church.

I Don't Care

To weep and rage over the conditions of our world can be a profound release. It can also cause some of us to wonder if we are being entirely honest. "If I care so damn much, why haven't I done something about it?" And sometimes we simply do not feel deep emotions, so we can wonder if we are lacking in compassion, which leads to more numbness. In this exercise, exaggeration and humor help us move into honesty and presence.

In pairs, two people will take turns speaking and listening. Allow five minutes for each person to finish these sentences:

"I'm sick and tired of hearing about" Or "Don't talk to me about"

"I don't want to hear (or think) about all this, because it makes me feel"

The Bowl of Tears

Pour water into a clear glass bowl. Speak aloud to the group how this water represents our tears for the world and all beings. Invite each person, as they pass the bowl to each other or as they come and sit or kneel before it, to scoop up some water and let it trickle through their fingers. As they do, they can say: "My tears are for. . . ."

After each practice, spend some time in silent prayer or contemplation. At the close of your time together, invite each person to offer a word or phrase that expresses their desire and intention.